

Fourth Sunday of Lent, March 14, 2010

www.corpuschristi-tahoe.org



LENT prepares the faithful to celebrate the Paschal Mystery of Christ's suffering, death and resurrection. It is a time for reflection and spiritual renewal, a time to examine one's relationships with God and with others. The

Church also calls Catholics to a spirit of penance, above all fasting, prayer and almsgiving, "which express conversion in relation to oneself, to God, and to others." (Catechism of the Catholic Church, nos.1969 and 1434).

Fast and Abstinence (self-denial). To foster the spirit of penance and of reparation for sin, to encourage self-denial, and to guide us in the footsteps of Jesus, Church law requires the observance of fast and abstinence (CCC, nos. 1249-1253).

Abstinence: All persons who have already celebrated their 14th birthday are bound to abstain from meat on Ash Wednesday and all Fridays of Lent.

Fasting: Everyone, from the celebration of their 18th birthday to their 59th birthday, is bound to fast on Ash Wednesday and Good Friday. Voluntary fasting on other weekdays of Lent, especially on Wednesdays and Fridays, is highly recommended. Fasting is generally understood to mean eating one full meal each day. Two other partial meals, sufficient to maintain strength, may be taken; but together they should not equal another full meal. Eating between meals is not permitted, but liquids are allowed. Other forms of "fasting," especially regarding alcoholic drink, needless television, video games, Internet use and social entertainment, is of true spiritual value and is strongly encouraged. When health or ability to work would be seriously affected, neither the law of fasting nor the law of abstinence obliges. If in doubt, one's parish priest or confessor may be consulted.

SPRING 40 DAYS FOR LIFE – FEB 17 – MAR 28

The Spring 2010 Campaign kicks off at 6:30 pm on Wednesday, February 17, with a Rally on the sidewalk at 5915 Tyrone Rd. Reno. For the next 40 Days, through Sunday March 28, we will be holding a constant vigil of Prayer, which we invite you to join. Join us for Prayer and Fasting, Constant Vigil and Community Outreach, as we Pray to End Abortion. For more information, go to www.40DaysforLife.com/RenoTahoe or call (530) 412-1573.



HOLY WEEK AND EASTER SCHEDULE

Holy Thursday- confession- noon to 1:00 p.m.
Mass- 7:00 p.m., adoration to 10:00 p.m.

Good Friday – confession- noon to 1:00 p.m.,
Service-3:00 p.m., Ecumenical Stations of the

Cross 7:00 p.m.

Saturday Easter Vigil Mass - 7: 00 p.m..

Easter Sunday Mass - Corpus Christi– 8:00 and 10:00 a.m.

Easter Sunday Mass - Queen of the Snows – Noon

~ANNOUNCEMENTS~

Second Collection – Restoration Building Fund.

Thank you to MaryBeth Gracey and Theresa Anderson for making the soup and to Colleen McKelvey for providing the bread to last weeks *Simple Soup Supper*.

Congratulations – to Heidi Windham and Glenn MacMaster who were married on March 6 at Queen of the Snows.

Congratulations – to Carol and Sil Achiro for celebrating and renewing the wedding vows for 50 years of marriage!

YOUTH CONVENTION - Don't miss this opportunity to gather with 1000 others for a celebration of youth ministry, and an excellent bilingual day of prayer, inspiration, and fun at the Diocese of Sacramento's 57th Annual High School Youth Convention on Saturday, April 17th at Divine Savior in Orangevale, 9:00 a.m.-7:3-p.m. For more information including the registration materials go to <http://hsyouthconvention.com>

A HIDDEN KEY TO A LONG LASTING MARRIAGE
Join Patrick Coffin, host of Catholic Answers Live, the largest Catholic radio show in America, for a bracing ride across the landscape of the Catholic sexual ethic. He will examine the topic from a wide array of angles with humor and enthusiasm--with a total absence of moralizing. March 19, 2010 at the Radisson Hotel, 500 Leisure Lane, Sacramento at noon. For more information visit the website <http://www.catholicbreakfastclub.org/VEvents.aspx>

BEGINNING EXPERIENCE WEEKEND RETREAT
Recently Separated, Divorced or Widowed? Men and Women of all faiths, who are now alone due to the death, divorce or separation from a loved one, are invited to attend the Beginning Experience Weekend on Friday, March 19, 2010 at Our Lady of the Oaks Retreat Center. For more information and to obtain an application call (916) 835-2282 or visit the web site at: www.sacramentobe.org



Please Print Clearly

New Parishioner Registration and Change of Address Form

Thank you!

Name: _____ Envelope No.: _____

(Last)

(First)

Phone: (____) _____

Address: _____ Zip Code _____

New or Change Address Fill out and deposit in Offertory Basket. Thank You! Offering Envelopes Yes No