

Growing in FAITH

Discovering hope and joy in the Catholic faith.

Special Easter Issue

Journey toward new life at Easter !

Easter is more than just a happy ending to Jesus' travels on earth. In fact, it sparked a new life for Jesus; one even greater than before.

Easter can help us journey toward a new life, too; one that draws us closer to God. Here are some suggestions for how to find the right path.



the way. Perhaps a priest, deacon, or nun in your parish can become a spiritual mentor. Or choose one of the saints to be a role model who can light the path to God.

Bring along a friend.

Spiritual companions can help us maintain perspective, and challenge us to grow, and make the trip more enjoyable.

Find a map.



Our faith holds all the tools needed to find peace, personal well-being, and security. The *Catechism of the Catholic Church* will point the way, as will the Sunday Mass readings. Your pastor or religious education staff may be able to recommend a Scripture study guide you can use to personalize what you read.

Travel light.

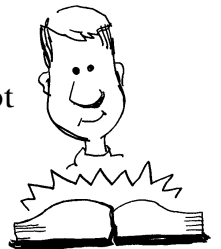
Weaning ourselves from consumerism is the challenge of our time. But avoiding excess can remind us of our dependence on God, give us a greater appreciation of the bounty we have, and help us to be more sensitive to others in need.

Follow a spiritual guide.

The journey can be easier when someone lights

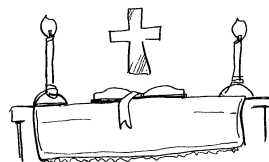
Take time to freshen up.

Childhood religious education is not enough to guide a lifetime of adult moral judgments. Meditate on Scripture, study the teachings of the Church, refer to the *Catechism of the Catholic Church*, or follow the advice and example of virtuous people to shore up your background.



Follow the rules of the road.

Refer to the Ten Commandments and the Beatitudes. You'll know you are on the right path if your decisions are in harmony with the spirit of these laws.



Stay close to home.

Staying close to the Eucharist is a most personal and intimate encounter with Christ. We cannot help but be changed when we take his body and blood into our own.