



## 2007 Lenten Regulations and Admonitions

Another Lenten journey of further conversion will begin on Ash Wednesday, February 21. Lent prepares the faithful to celebrate the Paschal Mystery of Christ's suffering, death and resurrection. It is a time for reflection and spiritual renewal, a time to examine one's relationships with God and with others. The Church also calls Catholics to a spirit of penance, above all to practice the Acts of Religion: fasting, prayer, and almsgiving, which express conversion in relation to oneself, to God, and to others. (CCC, #s 1969, 1434)

**I. FAST AND ABSTINENCE** (self-denial). To foster the spirit of penance and of reparation for sin, to encourage self-denial, and to guide us in the footsteps of Jesus, Church law requires the observance of fast and abstinence (CIC, 1249-1253). Abstinence: All persons who have already celebrated their 14th birthday, are bound to abstain from meat on Ash Wednesday and all Fridays of Lent.

**Fasting:** Everyone, from the celebration of their 18th birthday to their 59th birthday, is bound to fast on Ash Wednesday and Good Friday. Voluntary fasting on other weekdays of Lent, especially on Wednesdays and Fridays, is highly recommended. Fasting is generally understood to mean eating one full meal each day. Two other partial meals, sufficient to maintain strength, may be taken; but together they should not equal another full meal. Eating between meals is not permitted, but liquids are allowed. Other forms of fasting, especially regarding alcoholic drink, needless television, video games, internet use, and social entertainment, is of true spiritual value and is strongly encouraged. When health or ability to work would be seriously affected, neither the law of fasting nor the law of abstinence obliges. If in doubt, one's parish priest or confessor may be consulted. Airport workers, travelers, and others while on board ships or airplanes are dispensed from the laws of fast and abstinence for the

duration of their journey (except on Good Friday). It is desirable that they perform some other pious act instead.

**II. PRAYER.** In order to deepen one's love for Christ, Catholics are urged to read and pray over Sacred Scripture; to study the Catechism of the Catholic Church; and to participate in devotions offered by the parish; and to pray more fervently—individually, as families, and in common with others. The faithful are exhorted to pray the Rosary, to make private visits to the Blessed Sacrament, and to pray especially for vocations to the priesthood and the religious life, for world peace, and for an ongoing implementation of the pastoral initiatives of the Third Diocesan Synod.

**Sacrament of Penance and Reconciliation:** Lent is a privileged time for celebrating this sacrament. Parishes generally make readily available the Sacrament of Penance, including its communal celebration. In this way, the social and ecclesial aspects of sin and reconciliation, as well as one's personal reconciliation with God may be underscored. (At communal celebrations of reconciliation, however, general absolution is not permitted by the law of the Church.) People should attend also to reconciliation in every aspect of human life - personal, familial, societal, and ecclesial.

**Lenten Mass Schedule:** Daily Masses during Lent are so scheduled so as to facilitate the attendance and spiritual growth of the faithful. The faithful are urged to attend Mass on weekdays as often as possible.

**The Stations of the Cross** are celebrated publicly in each parish on Fridays during the Lenten season. Parishioners are urged to participate.

**Benediction of the Blessed Sacrament** is highly encouraged during Lent and each parish is also asked to schedule Solemn Exposition of the Blessed Sacrament (Forty Hours) in accordance with Canon 942. The faithful are encouraged to take part.

**Wedding Masses** may not be celebrated during the Easter Triduum, on Sundays of Lent, Ash Wednesday, or during Holy Week. Marriages may take place at other

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### Penance Services and the Sacrament of Reconciliation (Confession) Schedule

Tues, Mar. 27, 7 PM St. Francis Church, Incline Village  
Tues, Apr. 3, 7 PM Assumption Church, Truckee  
Weds, Apr. 4, 7 PM Corpus Christi Church, Tahoe City

## Devotions in Lent

("So you could not stay awake with me for even an hour?" - Mt. 26:40):

Mon—Fri (8:00 am): **Daily Mass**  
1st Sat (8:00 am): **First Saturday Mass**  
Mon (5:15-6:15 p.m.): **Adoration of Jesus in the Most Holy Eucharist, Rosary, Chaplet of Divine Mercy**  
Thurs (4:00- 6:00 p.m.): **Exposition and Adoration of Jesus in the Most Holy Eucharist.**  
Fri (7:00 pm): **Stations of the Cross and Benediction of the Blessed Sacrament**

# Lenten Admonitions

(Continued from page 1)

times during Lent according to the proper liturgical norms and provisions, but it is contrary to the penitential spirit of the season to have elaborate weddings or lavish receptions.

**Funeral Masses may not be celebrated** on Holy Thursday, Good Friday, and Holy Saturday, nor on the Sundays of Lent. When pastoral reasons require that a funeral be celebrated on these days, a Liturgy of the Word, with the final commendation and farewell rite, is held.

**Easter Duty:** All Catholics who have been initiated into the Holy Eucharist are bound to receive Holy Communion worthily at least once during the Easter Season: Easter Sunday, April 8, through Holy Trinity Sunday, June 3. Catholics are encouraged to receive Communion as often as possible, not only during Eastertide, but throughout the liturgical year. However, Anyone conscious of a grave sin must receive the Sacrament of Reconciliation before coming to communion. (CCC # 1385)

**III. ALMSGIVING.** The act of giving to the poor, in the most ancient tradition of the Church, is an expression of penance, a form of piety, a witness of fraternal charity and an expression of Lenten conversion. Therefore, all Catholics are urged to support generously the charitable works of the Church, including ordinary stewardship to their parish; generous response to the 17th Annual Catholic Appeal for Catholic Charities; pledge redemption to the Preserving Our Past, Building Our Future campaign; and contribution to the Diocesan Food Bowl. People are also encouraged to assist the sick, the aged, the needy and the imprisoned in other ways.

As we pursue our Lenten pilgrimage of faith and climb the holy mountain of Easter, may God direct our steps to himself, and show us how to walk always in his way.

WILLIAM K. WEIGAND  
Bishop of Sacramento

## Reno Catholic Professional & Business Group Breakfast Club

March 22, 7am. John LaBriola, president and founder of Lighthouse Training, a nationally recognized training and consulting company will be speaking. Pre-register at [www.catholicprofessionals.org](http://www.catholicprofessionals.org) or call: 775-828-4228

## ProLife Youth Oratory Contest

April 21, 2007

10:00 am

Corpus Christi Church will be hosting a Youth Oratory Contest, in conjunction with the California ProLife Council and Nevada Life. This contest is open to Middle School and High School Students who will make a brief presentation on a Pro-Life Topic. Topics can include: Abortion, Euthanasia, Stem Cell Research and other Pro-Life topics. The 1st place student among the High School Juniors and Seniors will also have a chance to participate in their state final and the National contest in Kansas City, MO. This contest is open to residents of California and Nevada. Call 583-4409 for info or go to the parish website.

## St. Patrick's Day Dinner

Sunday, March 18, 6:30 pm Dinner



The Knights of Columbus invite all to the annual St. Patrick's Day Dinner at Corpus Christi. At 5:30 pm there will be a No Host Bar, with dinner following at 6:30.

\$25/family, \$10/person, and \$5/children under 8

Call the Parish Office to sign-up or for more information, at 583-4409

## Catholic Radio and Television

By listening to Catholic Radio you can participate in the celebration of the Mass, pray the Rosary, pray the Chaplet of Divine Mercy, hear instructional and inspiring talks and discussions. Immaculate Heart Radio can be heard locally at **KIHM Reno 920 AM, 92.7 FM, 93.3 FM, 93.7 FM, 94.9 FM** or on the Internet at [www.ihradio.org](http://www.ihradio.org). On EWTN (Eternal Word Television Network) you can watch many of these same and like programs. To view EWTN in this area you need a satellite dish.

## Pray for the Sick

Bill Brady	Jay Di Benedetto	Marge Faia
Gabriel Jensen	Tom Jensen	Albert Juarez
Joey Kenney	Emily Killian	Don Mashbir
Helen Mathis	Doug Peterson	Mary Margaret Rankin
Joseph Recchia	Barbara Schmidt	Joan Velo
	Rosalie Wampler	

For Prayer Requests, please call the Parish Office at 583-4409

**Church Restoration and Repair** Work completed: Queen of the Snows restoration and repair. Cost \$207,493.<sup>89</sup>

Work in progress: Queen of the Snows: handicap access ramp construction and restroom configuration to handicap access status (required by Placer County); replacement of underground water drainage pipe (installed at time of construction of church in 1959, which had become occluded) with surface rock-lined ditch to prevent flooding and ground erosion. Cost: \$190,144.<sup>76</sup>

Work in prospect: evaluation of Corpus Christi church for structural integrity, repair as needed, and painting. Rectory & Mulligan Hall: Painting.

Funding Status: Goal: \$300,000 to be reassessed after evaluation of work required at Corpus Christi; Income to date: \$290,035.<sup>40</sup> Expenditures to date: \$379,917.<sup>95</sup>

**Thanks** to all who support the restoration and repair of our churches, our parish buildings and grounds.